

**Vermont Commission on Women's  
HEALTH, SAFETY, AND CIVIL RIGHTS COMMITTEE  
Meeting Minutes  
April 10, 2018 | 8:00 a.m.**

**Present:**

Lucy Leriche

**Presiding:**

Carol Buchdahl

**Recording:**

Lilly Talbert

**Meeting called to order at 8:06 a.m.**

**1. Review of preliminary draft of VCW's new Pregnancy Accommodations video.**

---

Carol thought the video seemed to address concerns of small business thoroughly. Lucy thought the length was ok, the information keeps unfolding and holds viewer attention until the end.

**2. Discuss adding an adult and elder adult women's sexuality and health resources section to VCW's Women's Health resource guide chapter.**

---

Carol reviewed the current chapter. It is quite lengthy, and daunting for those seeking specific topics. Carol thinks we need information to help adult women beyond reproductive age watch for symptoms of problems, attain assurances, find practical tips, and also explore alternative health care. The group could get direction on this topic from Vermont gerontologists, OB Gyns, midwives, and begin to explore on-line resources. Planned Parenthood may not be a resource, as it specializes in women of reproductive age. Carol will touch base with a gerontologist she knows. Lucy spoke about heart attacks and stroke, and how the symptoms women experience are different from men's. Carol would like to explore the idea of a pamphlet, collecting best resources on this topic, making sure the sources are accessible for low income women.

**3. Meeting minutes approval process for March postponed due to lack of quorum.**

---

**Meeting adjourned at 8:22 a.m.**

Next phone meeting is Tuesday May 8th, 8 a.m.