



HEALTH & SAFETY COMMITTEE
Meeting Minutes
Monday, March 8, 2021 | 9 – 10 a.m.

Commissioners present: Mary Daly (Presiding), Lisa Senecal, Lisa Carlson

Staff: Lilly Talbert (Recording)

Meeting called to order at 9:04 a.m.

VOTE: Review, discuss and vote to approve [draft minutes February 8, 2021 meeting](#)
Mary motions to approve, Lisa S. seconds, February minutes approved.

Nutrition in Schools | review, discussion and updates

Lisa C. attended the first meeting of Caledonia Central Supervisory Union’s food research and action circle, comprised of Farm to School advocates, parents, teachers and food service folks. She was excited by this collaborative approach with its focus on the health of children, fresh local and seasonal foods (this month: maple), and promotion of healthy lifestyles. Included in the circle’s work is a curriculum, which can be infused into different classes, like science or math. Discussion at this meeting included how to work on goals during COVID-19 and included the possibility that HS students might take on teaching roles, and the possibility that a senior might take this on as a senior project. Find more information on this project at [Vermont Harvest of the Month](#). The group discussed how much more effective it is to have kids influencing family food decisions.

Women’s Health Project | review and provide feedback

Committee members reviewed messaging and graphics to promote use of Women's Preventative Services Initiative’s Well-Woman chart on social media, VIEW newsletter, our website and on Front Porch Forum. The group wondered if there is a way for folks to broadcast FPF messages beyond their local area. Lilly will research and get back to the group.

The committee thanked Lisa C for her book review, *The XX Brain*.

Universal postpartum follow-up home visits | discussion

Lisa C’s research on this subject included a conversation Magdalene Miller, RN, BSN, CLC, the Maternal Child Health Manager of Caledonia Home Health Care & Hospice, who made the observation, “It would be wonderful if we could normalize home visiting for all new moms. I believe a universal medical referral system may be the structure we need to make that happen.” Committee members reflected on their own experiences and how useful this check-in had been, not only for the health of the baby but for that of the mother, including her mental health and living conditions. Committee discussion turned to the pressing needs of the pandemic and it was decided to revisit this topic at a later date.

Universal school meals | [H.32](#)

Lilly will inform the committee if VCW testimony will be provided. VCW is working with the new campaign to destigmatize 3 Squares program and promote [vermontfoodhelp.com](#), during this pandemic when 1 in 3 Vermonters are hungry or food insecure.

Next meetings:

- April 12th
- May 10th
- June 14th

Meeting adjourned at 9:44