## VERMONT COMMISSION ON WOMEN HOUSING & CAREGIVING COMMITTEE MEETING

Thursday, March 14, 2024 7:30 a.m. – 8:15 a.m. Online only

## **MINUTES**

Present: Esther Charlestin, Sophia Rabe, Susan Sussman

Staff: Cary Brown

- 1. Review focus charges for all committees:
  - a. Advocacy
  - b. Public engagement
  - c. Amplification of voices
- 2. Discuss possible areas of focus for the committee
- 3. Legislative updates
- 4. Set future meeting times

Basing our work on supporting what the commission is working on as a whole already

Where can we jump in? After brainstorming meeting today we can have a better idea of how to support with advocacy, public engagement, amplifying voices

Amplifying voices? What other groups need support in this way?

Eg Let's Grow Kids – are there ways we could get involved helping them?

## Paid leave

- We may be able to do more with public engagement on paid leave during this next stage coming
- How can commissioners participate? Public events?
- Public education event for paid leave could give some structure to this committee

## Housing

- Is there a link between housing and caregiving we could look at?
- Housing for care providers and single women
- Aging population caregiving from both perspectives
- Transitional housing? Lots being built in Chittenden County and some of it is called affordable but not necessarily actually affordable
- What is actually being built? What actual affordable housing or workforce housing or elderly housing is going up?
- What groups can we get involved with and how?
- Field trips? Habitat for Humanity? Esther will look into finding some service dates with Habitat for those who can
- Seven Days doing long project of focusing on aging population in Vermont maybe there's something we can offer to that reporting
- Susan and Sophia will look at that article from last week
- in the article Lamoille County has a community support for people aging in place newish program can we amplify that program?

- Can we do something at the intersection of housing and aging women? Link to Age Strong Vermont or whatever it's called?
- Caregivers needing caregiving
- Can we bring in someone from advisory council or outside to talk more about housing and see if there are ways we can engage?
- could we amplify needs of housing and caregiving in NEK? We already have connections from our visit – visit nursing homes e.g. – Esther will reach out and see if we can get a few dates for that

Next meeting – Wednesday, April 3, 1:00