

From: [Talbert, Lilly](#)
To: [Talbert, Lilly](#)
Subject: VCW VIEW: December 15th 2014
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Health Care for the Holidays: [Ladies First](#)

Ladies Frist program offers free mammograms, Pap tests and screenings for cholesterol, blood pressure and diabetes. Ladies First also offers free personalized nutrition plans, help with weight loss and help to quit smoking. Make an appointment: 800-508-2222 or link [here](#).

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Governor's Council on Pathways from Poverty [Recommendations](#)
Vermont Commission on Women's (VCW) Executive Director Cary Brown and VCW Commissioner Melinda Moulton serve on the Governor's Council on Pathways from Poverty. The Council is comprised of citizens who have received state benefits, as well as representatives from organizations who provide direct services or work to prevent and address poverty in Vermont. The Council recently submitted its recommendations in the areas of administrative systems, economic empowerment and opportunity, housing and homelessness, and economic safety net programs. Read the recommendations [here](#). Learn more about the Council and its work [here](#).

Of particular interest to VCW were the recommendations to support employment policies, like paid sick days and paid family leave. "These supports are crucial for working families. It is no longer the exception to the rule that both parents work in Vermont. It is the norm," said VCW's Cary Brown. "These policies would allow both parents to take earned time off to care for loved ones or themselves, allowing for both genders to share (and benefit from) this responsibility. Work-life balance is a daily challenge for many Vermont workers. As a state we've made many in-roads into policies that help working families, including the most recent flexible working arrangements state law. As of January 2013, workers have the right to request intermediate or long-term flexible working arrangements without fear of retaliation. Those could be things like working from home, changes in the number of days or hours worked, changes in work arrival or departure times to allow for child care hours. Employers must discuss and consider such requests at least twice per calendar year." More on these and other Vermont workplace laws: info for employers [here](#) and info for workers [here](#).

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Girls' Program Coordinator at [Vermont Works for Women](#) in Barre

This 40hr/week position operates out of the Barre office to support and implement a diverse array of programs for young women ages 11-20. Vermont Works for Women seeks someone with demonstrated experience in program coordination; excellent administrative and

communication skills; and experience and/or training in working with young women. This is a year-round, regular position with a generous benefits package. Reliable transportation for travel around northern Vermont required. More information or to apply: [Elysia Nelson](#).

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RFP - Workshops for [Vermont Women in Higher Education](#)

Annual Women's Leadership Conference

March 26-27, 2015 at the Killington Grand Hotel

The conference theme is "Better Together: Mentoring for Success." Keynote speaker is Bethany Bosch, a Wallingford, Vermont resident who recently swam the English Channel with the help of her dedicated team—truly an example of mentorship and teamwork in action. The event planning team welcomes proposals for presenters in the areas of Teaching and Learning, Leadership Development, Personal Finance, Well-Being, and Women's Heritage and History. More information [Request for Proposals online](#). **The deadline for proposal submission is December 19, 2014.** Questions or concerns [here](#).

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Ripton Vermont's Rikert Nordic Center Hosts 14th annual New England Women's XC Ski Day Sunday, Jan. 25th, 10 a.m. to 4 p.m. with registration starting at 8:45 a.m.

Benefits [STRiDE Foundation](#)

This event is organized by the New England Nordic Ski Association and features cross-country ski clinics with top-notch coaching for all abilities, ski waxing demonstrations, a special raffle, and X-C ski gear and apparel vendors. Pre-registration is required and space is limited. Learn more/sign up at [New England Nordic Ski Association](#) or phone the main office at 207- 688-6503.

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Equal Pay, April 14th 2015

Vermont Commission on Women will be present at the State House on April 14th 2015, Equal Pay Day. Learn more about Equal Pay Day and the gender wage gap here at the U. S.

Department of Labor's [equal pay website](#) and read the latest [Highlights of Women's Earnings](#) report from the U.S. Bureau of Labor Statistics [here](#).

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Bi-State Primary Care Association's [2014 Annual Report](#) reviews their work to improve the physical and economic health of our communities. Bi-state welcomed new member: [Battenkill Valley Health Center](#) (Arlington, VT), and announced that these sites are newly designated Federally Qualified Health Centers: [Gifford Health Care](#) (Bethel, Berlin, Chelsea,

Rochester, Randolph, Sharon, White River Jct., and Wilder), [Mountain Health Center](#) (Bristol), [Indian Stream Health Center](#) (Canaan).

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The Vermont Commission on Women recently met with civics students at Rutland high school for our monthly meeting in November. Commissioners listened to students address [our public policy issues](#) from their own experience and lives. One of the topics that students brought up was use of social media and personal safety and dignity. Students from Rutland High school recently created this [petition](#) to request removal of an app used for cyberbullying.

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Vermont State Independent Living Council's [Include](#) Curriculum Fostering positive school communities means being proactive in how you include disability in lesson plans, in using respectful language, in designing person-directed education plans. This Vermont-based new and free tool matches core standards, is broken down by grade levels, and has many strong visuals.

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Vermont Commission welcomes new [Advisory Council](#) members:

[Girls on the Run Vermont](#) - unleashing confidence through accomplishment while establishing a lifetime appreciation of health and fitness

[Mercy Connections](#) - nurturing self-sufficiency through education, mentoring and community

[Planned Parenthood of Northern New England](#) - providing, promoting, and protecting access to reproductive health care and sexuality education so that all people can make voluntary choices about their reproductive and sexual health

[Vermont Women in Higher Education](#) - assisting women in the pursuit of careers in higher education

[Vermont Women's Fund](#) - supporting the advancement, self-sufficiency, and economic and social equality of Vermont women and girls

[Women Business Owners Network](#) - connecting and cultivating leaders, entrepreneurs and business owners

VCW's Advisory Council members are representatives of organizations whose interests align with the commission's mission. Members provide counsel to the Commission on setting goals, strategies and objectives, and share the opinions and perspectives of the organizations they represent.

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Vermont Works for Women seeks a temporary, part-time (32 hours/week) [Interim Executive Director](#)

This position will provide overall operations management to guide the organization through a healthy leadership transition. The Interim Executive Director will work with the Board of Directors and the management team to build systems and capacity to ensure long-term sustainability of VWW. At least seven years of management and administrative experience is required, preferably in a nonprofit setting as Executive Director. **Resumes and cover letters are due by December 17th** to interimsearch@vtworksforwomen.org. No calls or faxes, please.

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Learn about UVM's participation in [One in Four](#), a national organization of young men dedicated to rape prevention.

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The [Laura Kate Winterbottom Memorial Fund](#) is a non-profit 501(c)3 foundation established in 2005 by the family and friends of Laura after her abduction, rape, and murder on March 8 of that same year. September 13th 2014 marked the 8th annual Laura's March, and a record number of attendees, and more male participants than ever before. Laura's March raised money for H.O.P.E. Works to expand children and youth services with an in-house mental health counselor; for Pride Center of Vermont to expand outreach, education, and prevention; and for the Sexual Assault Nurse Examiner Program (SANE) to help send nurses to the annual Scientific Assembly to discuss current research and methods to improve patient care.

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[Pride Center of Vermont](#) (PCVT) is New England's most comprehensive community center dedicated to advancing community and the health and safety of the Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) Vermonters. Take a look at their community [Calendar](#).

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Vermont Awarded \$33.4 Million in Pre-K Expansion Grant

Thanks to a [new federal grant](#), Vermont will receive \$33 million in federal funds over the next

four years to help school districts hire and train teachers, as well as expand the number of Pre-K hours that are publicly funded. The grant will add momentum to early education efforts in the state that are already supported by the Race to the Top-Early Learning Challenge grant and the universal Pre-K law, Act 166. Thanks to [Vermont Early Childhood Alliance](#), c/o Vermont Community Loan Fund for this message

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[Update](#) on Race to the Top Vermont Early Learning Challenge

Read the latest update on the impact this grant has had on Vermont's early childhood system and the children it serves [here](#). This update is organized into four main grant strategies: Improving Quality and Access, Investing in People, Empowering Communities, and Ensuring We Are Making a Difference.

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Science, Technology, Engineering, And Mathematics (STEM) Resources from The [National Girls Collaborative Project](#)

Computer Science Toolkit and Gaming - The lessons included in this [toolkit](#) provide a fun and safe environment for girls to experience computing and gain the knowledge, encouragement, and the support they need to become future innovators in technology.

[Hour of Code](#) is an introduction to computer science, designed to demystify "code" and show that anyone can learn the basics to be a maker, a creator, an innovator. Check out [a variety of self-guided tutorials](#) on a browser, tablet, or smartphone. The website features unplugged tutorials for classrooms without computers. No experience needed.

[Big Dream](#) is a documentary film that follows the stories of seven young women in technology fields around the globe. Each story takes a look at these young women's ambitions and how they overcome personal challenges to pursue careers in science, technology, engineering, and mathematics (STEM) fields. One of the goals of the film is to excite young women, their families, and friends about the possibilities inherent in STEM fields.

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Vermont Commission on Women (VCW)

VIEW Message – [Vermont Information Exchange for Women](#)

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VCW: *Celebrating 50 Years of Progress | 1964 - 2014*

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lives of Vermont women and girls. | Get the VIEW: it's easy! Reply to this message and include "subscribe" in the subject heading. | Missed a VIEW? Find recent VIEW messages on our website: women.vermont.gov. | To unsubscribe: reply and add the word "unsubscribe" in the subject heading.