

Talbert, Lilly

From: Talbert, Lilly
Sent: Wednesday, October 16, 2013 1:23 PM
To: Talbert, Lilly
Subject: VCW VIEW: October 16th

Women Business Owners Network Fall Conference 2013
Green Mountain Inn, Stowe
Thursday, November 7, 8:45 am - 4 pm

Registration includes all sessions, light breakfast, nutritious lunch & fun! More info:
director@wbon.org

**

Dad's Night programs
Visiting Nurse Association of Chittenden and Grand Isle Counties' Family Room, 20 Allen Street,
Burlington
Every Tuesday, 3:00 pm - 7:30 pm

Dads participating in this program report that they:

- Have a more favorable view of their family's well-being
- Are feeling more hopeful
- Have more confidence as parents
- Have learned new ways of dealing with situations
- Are more self-aware of their actions and the impacts on family
- Are communicating better

More info: 802 860-4420 or www.VTDads.org

**

Vermont Women's Business Center's Business Wisdom Circle
Tuesday October 29th from 4:30 to 6:30
Central VT Community Action Campus, 20 Gable Place, Barre

It's National Women's Small Business Month, and the 25th anniversary of the law that created Women's Business Centers and made it possible for women to apply for business capital, without needing a male relative to sign (!) The Vermont Women's Business Center is celebrating with a little something special for the October 29th Business Wisdom Circle. The Business Wisdom Circle is a monthly gathering of women business owners - a peer-to-peer mentoring & networking event where women at any stage of business - just exploring, starting-up, on your way, or well-established - come together, in the tradition of women's circles everywhere, to share challenges, strategies, feedback, resources, support, and inspiration. This is a distinctly feminine way of doing business: collaborative, heart-centered, practical, and fun. \$10.00 and light refreshments provided. VWBC is a project of Central Vermont Community Action Council, Inc. and is funded in part through a co-operative agreement with the U.S. Small Business Administration. More info: info@vwbc.org, 802.479.9813.

**

An Evening for Love and Fashion! A benefit for Umbrella during National Domestic Violence Awareness Month
October 19, 2013 at Lyndon State College at 7 pm

Hosted by Tara Lynn Bridal and the Domestic Violence Task Force of Northern Vermont, this fun and community collaborative event features a fashion show and LIVE auction. The auction will offer garments submitted by local individuals, businesses and organizations that reflect the designers vision of what “love” means to them. The Fiberistas of St. Johnsbury, H.O.P.E of Lyndonville, Olivia Vaughn Hern, and A Stitch in Time from Montpelier, The Village Sport Shop in Lyndonville, NEK Faith In Action, Child Haven International, Kingdom Child Care Connection, Edie Langdell, Ready Ruthie, Sam Talbot-Kelly, The Sewing Studio of St. Johnsbury, Elizabeth's Large Size Fashions and Accessories, Umbrella, and Tara Lynn’s students will be participating in the Fashion Show. Tickets are available at Catamount Arts, \$12 advance, \$15 at the door.

**

Vermont State Budget Public Forums Via Vermont Interactive Technologies (VIT)
Oct. 23 from 5:30 to 7:30 p.m. and Nov. 5 from 2:50 to 4:45 p.m.

A state law passed in 2012 required public input on “development of budget goals, as well as general prioritization and evaluation of spending and revenue initiatives.” These forums feature an introduction by Secretary of Administration Jeb Spaulding and a short fiscal update by Finance and Management Commissioner James Reardon, with the remainder of the time devoted to questions and comments from attendees. The public can participate in the first forum Oct. 23, by going to VIT studios in Brattleboro, Johnson, Lyndonville, Middlebury, White River Junction, Williston and Montpelier. The second, taking place on Nov. 5th will be from VIT studios in Bennington, Brattleboro, Johnson, Lyndonville, Middlebury, Rutland, Springfield, St. Albans, White River Junction, Montpelier and Newport.

**

Bennington’s PAVE (Project Against Violent Encounters) Presents
Wednesday evening films and documentaries for Domestic Violence Awareness Month
6:30 to 8:00 p.m. (doors open at 6:00 pm) Community Room at Community College of Vermont,
Bennington

Subject matter is suitable (and worthwhile) for adults and teens. PAVE provides popcorn and snacks. For more information, <http://pavebennington.org/2013/09/wednesdays-film-night-october/> or contact PAVE at 802-442-2370.

**

Girl Rising film viewing
Saturday, October 26, 7:30 pm
Film House, Main Street Landing, 60 Lake Street, Burlington

Around the world, millions of girls face barriers to education that boys do not. And yet, when you educate a girl you can break cycles of poverty in just one generation. Girl Rising is a feature film, narrated by Meryl Streep, Anne Hathaway, Selena Gomez and others, that tells the stories of nine incredible girls across the globe. Girl Rising is a campaign and a community that believes investing in girls will bring about transformative change — for families, communities and nations. More info at girlrising.com/IDG The film is deemed appropriate for 12 and up. Adults \$7; Students \$5 (Profits will be donated to the Girl Rising Fund for Education). To reserve seats contact: tanyastone@tanyastone.com. Tickets available at the door.

**

Planned Parenthood is one of many organizations with in-person navigators around the state ready to help folks with VT Health Connect. Materials will be featured in PPNNE health centers across the

state and individuals can schedule appointments through <http://www.plannedparenthood.org/ppnne/> or by calling 1-866-476-1321.

**

National Women's Law Center's free online webinar: Planning for Retirement, Part I: What Working Women Need To Know
Tuesday, Oct. 29, 2013, at 1:00 p.m. Eastern

Featured speakers: Joan Entmacher, Vice President for Family Economic Security, National Women's Law Center and Amy Matsui, Senior Counsel, National Women's Law Center

The webinar will include:

- The basics of retirement savings and Social Security
- Helpful tips about what you can do throughout your career to get ready for retirement
- Issues women face while planning for retirement
- How delaying claiming Social Security can increase your benefits
- A chance to ask experts your questions

Register today! This webinar is free, but participants must register in advance. A recording of the webinar will be available to registrants a few days later. And be on the lookout in January for part II of our retirement webinar series. The January webinar, designed for women approaching retirement age, will explain how waiting to claim Social Security benefits could increase your income — for life. <https://www4.gotomeeting.com/register/522831831>

**

WholeSomeBodies Primary Prevention Program Curriculum Train the Trainer Session
Unitarian Church, Montpelier
Wednesday, Nov 13th, 9-4

WholeSomeBodies is a primary prevention program curriculum helping adults identify ways they can support healthy sexuality in the youth in their lives. The curriculum discusses gender roles, gender identity, body image, media literacy and much more. The training is open to anyone. There is a \$25 registration fee. To register: <https://www.surveymonkey.com/s/KK9MTQ2> For more info: [Bethany Pombar](#), Prevention Specialist, Vermont Network Against Domestic and Sexual Violence, or at 802-223-1302 x 103

**

League of Women Voters of Vermont's Community Access TV Series

To access: link to <http://www.orcamedia.net/node/2>, click on the playlist, scroll down to "Spotlight on Vermont Issues", segments are listed by name of interviewee. Links to early shows also on website: www.lwvofvt.org

September: Montpelier City Clerk John Odum on the importance of voter registration/voting/civic involvement

August: Director of the University of Vermont's Center for Sustainable Agriculture's Linda Berlin on developing food networks and how to improve the farm to consumer connections while improving nutrition.

July: Brattleboro Retreat's Senior Vice President for Governmental Relations Peter Albert on mental health and collaborative care in Vermont.

Spring: Keil Corey of the Vermont Natural Resources Council and Paul Markowitz of Energy Vermont on the Home Energy Challenge to weatherize 3% of VT homes/year.

Peter Sterling, Executive Director of Vermont Health Care Security Education Fund on Vermont's health care reform efforts

Sen. Anthony Pollina on campaign finance reform legislation

Rep. Tony Klein on energy legislation to addressing heating fuel

**

Boot Camps for Working Women from Vermont Works for Women

Tuesday, Oct. 22, 7-8:30 pm: Stand For Your Personal Brand!

Tuesday, Nov. 19, 7-8:30 pm: Bye-Bye Objective, Hello Value: Resumes with Impact
O'Brien Community Center, Community Room, 32 Mallets Bay Ave., Winooski

These 90-minute workshops provide the time, expertise and woman-centered space needed to move forward in your career or working life. Meghan Oliver, Associate Director of Norwich University's Career Development Center, will guide you in how to identify your own personal brand; and market yourself using social media, networking, public presentation and the web. Then, you'll learn to create an accomplishment-focused resume that will reflect your newly defined brand.

Stand For Your Brand!

Tuesday, Oct. 22th

Personal branding is essential for all women in the shape shifting world of work. Are you a 35-60-something looking to identify your own brand or give it an upgrade? Maybe you're exploring a new career or kick-starting a business. This interactive workshop will teach you outside-the-box strategies to market yourself using social media, networking, public presentation, and the web.

Bye-Bye Objective, Hello Value: Resumes With Impact

Tuesday, Nov. 19th

Does your resume still have an old-school objective and snooze-riffic list of qualifications? Is it chock full of overused words like *effective communicator* or *creative problem solver*? Bring your resume to the next level by creating an accomplishment-focused resume with quantifiable results. Learn simple techniques to make your resume stand out.

VWW's program, FRESH Food, will provide some sweet refreshments. Go to www.vtworksforwomen.org for more information, and to pre-register (required) call 802.655.8900, ext. 108. Cost: \$20 per boot camp, or \$35 for both.

**

Vermont Commission on Women (VCW)

VIEW – Vermont Information Exchange for Women

126 State Street, Montpelier, Vermont 05633-6801

800-881-1561 / women.vermont.gov / [Find us on Facebook](#)

Share your VIEW: forward this email to colleagues who share your interest in improving the lives of Vermont women and girls. / Get the VIEW: it's easy! Reply to this message and include "subscribe" in the subject heading. / Missed a VIEW? Find recent VIEW messages on our website homepage. / To unsubscribe: reply and add the word "unsubscribe" in the subject heading.